

Carers of People with a Long-Term Illness (2)



Action for ME (Myalgic Encephalopathy)

Information and support.

3rd Floor, Canningford House, 38 Victoria Street, Bristol, BS1 6BY

Tel: 0117 927 9552

Support Helpline: 0845 123 2314 (11am-1pm Mon-Fri)

Email: www.afme.org.uk

MS National Centre

372 Edgware Rd, NW2 6ND

Tel: 020 8438 0700, Fax: 020 8438 0701

Free MS helpline: 0808 800 8000

Website: www.mssociety.org.uk

Muscular Dystrophy Campaign

61 Southwark Street, SE1 0HL

Tel: 020 7803 4800, Fax: 020 7401 3495

Support and information line: 0800 652 6352

Email: info@muscular-dystrophy.org

Website: www.muscular-dystrophy.org

Myasthenia Gravis Association

1st Floor, Southgate Business Centre, Normanton Road, Derby, DE23 6UQ

Tel: 01332 290 219, Fax: 01332 293 641

Free helpline: 0800 919 922

Email: mg@mga-charity.org

Website: www.mgauk.org

Parkinson's Disease Society

215 Vauxhall Bridge Road, SW1V 1EJ

Tel: 020 7931 8080, Fax: 020 7233 9908

Free Helpline: 0808 800 0303

Email: enquiries@parkinsons.org.uk

Website: www.parkinsons.org.uk

National Phobics Society

Zion Community Resource Centre, 339 Stretford Road, Hulme,
Manchester, M15 4ZY

Tel: (helpline) 0844 477 5774 (9.15am-9pm Mon-Fri), Fax: 0161 226 7727

Email: info@phobics-society.org.uk

Website: www.phobics-society.org.uk

Sickle Cell & Thalassaemia Centre

The haemoglobinopathy Counselling Service is for all people who are healthy carriers of an unusual haemoglobin, and for individuals and families affected by major haemoglobin disorders such as Sickle Cell Disease and Thalassaemia Major.

Counselling is available on referral from health and non-health professionals.

Screening for individuals, families and women requesting prenatal diagnoses of pregnancy can be arranged through the counselling service.

Health Promotion is available.

The Northern Health Centre, Holloway Road, N7

Tel: 020 7445 8036/6, Fax: 020 7445 8037

Association for Spina Bifida & Hydrocephalus

42 Park Rd, Peterborough, PE1 2UQ

Tel: 01733 555 988, Fax: 01733 555 985

Helpline: 0845 450 7755

Email: helpline@asbah.org

Website: www.asbah.org

Spinal Injuries Association

SIA House, 2 Trueman Place, Oldbrook, Milton Keynes, MK6 2HH

Tel: 0845 678 6633, Fax: 0845 070 6911

Free helpline: 0800 980 0501 (9.39am-4.30pm)

Text: SIA followed by message to 81025

Email: sia@spinal.co.uk

Website: www.spinal.co.uk