

# Young Carers



Islington  
Carers  
Centre

connecting carers to services

## **Islington Social Services (The Assessment Team)**

*Advice on services. Assessments arranged by a social worker from the Children & families Assessment Service.*

292 Essex Road, N1 3AZ

Tel: 020 7527 3556 Fax: 020 7527 1601 Minicom: 020 7527 1670

Office hours: 9-5 Mon-Fri. Outside office hours, contact Emergency Duty Team Tel: 020 7226 0992

## **Youth Advice Service**

*Advice and information for people aged 16-18. Help with benefits, housing, education, personal issues etc.*

198 Caledonian Road, N1 0SQ

Tel: 020 7527 1014 Fax: 020 7527 1013

## **Islington Young Carers Project**

*Support and advice, social groups, homework club, one-to-one support, advocacy, holidays and events for carers up to 18.*

Family Welfare Association, 608 Holloway Road, N19 3PH

Tel: 020 7272 4412 Fax: 020 7272 5605 Website: [www.fwa.org.uk](http://www.fwa.org.uk)

## **Centre 404**

*Siblings Group for young carers of brothers or sisters with a learning disability*

404 Camden Road, N7 0SJ Tel: 020 7607 8762

Email: [general@centre404.org.uk](mailto:general@centre404.org.uk) Website: [www.centre404.org.uk](http://www.centre404.org.uk)

## **Childline**

*Free 24-hour helpline that offers confidential counselling to children or young people with problems.*

Tel: 0800 1111 Website: [www.childline.org](http://www.childline.org)

## **The Children's Society**

*Website for and about young carers*

[www.youngcarer.com](http://www.youngcarer.com)

## **Carers UK**

*Information for young carers including a free magazine 'Link' and a 'Young Carers Power Pack' with information about other useful organisations, rights, coping in emergencies and safety.*

Carers UK

32-36 Loman Street, SE1 0EE

CarersLine: 0808 808 7777 Tel: 020 7922 8000 Fax: 020 7922 8001

Email: [info@carers](mailto:info@carers) Website: [www.carersuk.org](http://www.carersuk.org)

## **The Children's Legal Centre**

*Free legal advice covering law and policy affecting children and young people.*

The University of Essex, Wivenhoe Park, Colchester, CO4 3SQ

Tel: 01206 878466 Fax: 01206 874 026

Email: [clc@essex.ac.uk](mailto:clc@essex.ac.uk) Website: [www.childrenslegalcentre.com](http://www.childrenslegalcentre.com)

## **National Youth Advocacy Service**

*Helps with accessing services and benefits information.*

Egerton House, Tower Road, Birkenhead Wirral, CH41 1FN

Helpline: 0800 6161 01 (Mon-Fri 8am-8pm) Tel: 0151 649 700

Email: [info@nyas.net](mailto:info@nyas.net) Website: [www.nyas.net](http://www.nyas.net)

## **Careline**

*Confidential telephone counselling for young people.*

Cardinal Heenan Centre, 326 High Road, Ilford, Essex IG1 1QP

Helpline: 0845 122 8622 Tel: 020 8514 5444 Fax: 020 8478 7943

Email: [info@carelineuk.org](mailto:info@carelineuk.org) Website: [www.carelineuk.org](http://www.carelineuk.org)

## **Connexions**

*Information and advice on health, housing, relationships, studying, careers, money and activities from a personal advisor.*

Connexions Partnerships Office, 125 Freston Road, W10 6<sup>TH</sup>

Helpline: 08080 0013 219 (Mon-Fri 8am-2am) Tel: 020 7938 8080

Fax: 020 7938 8020

Email: [info@centrallondonconnexions.org.uk](mailto:info@centrallondonconnexions.org.uk)

Website: [www.centrallondonconnexions.org.uk](http://www.centrallondonconnexions.org.uk)

## **Kidscape (bullying helpline)**

2 Grosvenor Gardens, SW1W 0DH Helpline: 0845 1205 204

Tel: 020 7730 3300 Fax: 020 7730 7031

Website: [www.kidscape.org.uk](http://www.kidscape.org.uk)