

# National Organisations

(General)



## Carers UK

*Campaigning organisation. Information and advice for carers.*

32-36 Loman Street, SE1 0EE

Helpline: 0808 808 7777 Tel: 020 7922 8000 Fax: 020 7922 8001

Email: [info@carersuk.org](mailto:info@carersuk.org) Website: [www.carersuk.org](http://www.carersuk.org)

## Princess Royal Trust for Carers

*Campaigning organisation. Information and advice for carers*

Unit 14, Bourne Court, Southend Road, Woodford Green, Essex IG8 8HD

Tel: 0844 800 4361 Fax: 0844 800 4362

Email: [Info@carers.org](mailto:Info@carers.org) Website: [www.carers.org](http://www.carers.org)

## Cruse Bereavement Care

PO Box 800, Richmond-upon-Thames, Surrey, TW9 1RG

Tel: 020 8939 9530, Fax: 020 8940 1671

Day by day helpline: 0844 477 9400

Email: [helpline@cruse.org.uk](mailto:helpline@cruse.org.uk)

## British Association of Counselling and Psychotherapy

*Information on how to find a counsellor.*

BACP House, 15 St John's Business Park, Lutterworth, LE17 4HB

Tel: 01455 883 300. Fax: 01455 550 243

Website: [www.bacp.co.uk](http://www.bacp.co.uk)

## Gingerbread

London Resource Centre, Charterhouse, 40 Tabard Street, SE1 4JU

Tel: 020 7407 1114, Fax: 010 7407 3525

Advice line: 0800 018 5026 (9am-5pm Mon-Fri)

Email: [gingerbread@btconnect.com](mailto:gingerbread@btconnect.com)

Website: [www.gingerbread.org.uk](http://www.gingerbread.org.uk)

## National Debt Line

Tricorn House, 51-53 Hagley Road, Edgbaston, Birmingham, B16 8TP

Tel: 0808 808 4000 (free: 9am-9pm Mon-Fri, 9.30am-1pm Sat)

Fax: 0121 410 6230

[www.nationaldebtline.co.uk](http://www.nationaldebtline.co.uk)

### **Parentline**

520 Highgate Studios, 53-79 Highgate Road, NW5 1TL

Tel: 020 7284 5500, Textphone: 0800 783 6783

Helpline: 0808 800 2222

Website: [www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)

### **Prisoner's Families & Friends Service**

20 Trinity Street, SE1 1DB or FREEPOST Prisoner's Families

Tel: 0808 808 3444 (freephone helpline)

Email: [info@prisonersfamiliesandfriends.org.uk](mailto:info@prisonersfamiliesandfriends.org.uk)

Website: [www.prisonersfamiliesandfriends.org.uk](http://www.prisonersfamiliesandfriends.org.uk)

### **Quit Smoking**

211 Old Street, EC1V 9NR

Tel: 020 7251 1551, Fax: 020 7251 1661

Quitline: 0800 00 22 00

Email: [stopsmoking@quit.org.uk](mailto:stopsmoking@quit.org.uk)

Website: [www.quit.org.uk](http://www.quit.org.uk)

### **Relate (relationship difficulties)**

Tel: 0300 100 1234

Website: [www.relate.org.uk](http://www.relate.org.uk)

### **WITNESS Against Abuse by Health and Care Workers**

*Support line for survivors of professional abuse.*

32-36 Loman Street, SE1 0EE

Tel: 020 7922 7799 or 0845 450 0300 (helpline)

Email: [info@witnessagainstabuse.org.uk](mailto:info@witnessagainstabuse.org.uk)

Website: [www.popanorg.uk](http://www.popanorg.uk)

### **Women's Aid (Domestic Violence)**

PO Box 391, Bristol, BS99 7WS

Tel: 0117 944 4411, Fax: 0117 924 1703

24 hour helpline: 0808 2000 247

Email: [helpline@womensaid.org.uk](mailto:helpline@womensaid.org.uk)

Website: [www.womensaid.org.uk](http://www.womensaid.org.uk)