

Holidays and Breaks For Carers



Treat Yourself Carers Breaks Fund

Islington Carers Centre administers a fund for carers (at the heavy end of caring) from the Government Carer's Special Grant. It is flexible because it can be used for holidays, activities, day trips, taking up a course or hobby, joining a gym, visiting friends and family, arranging sitting services for the person you care for or anything you feel will give you a break.

Islington Carers Centre

53 Hargrave Road, N19 5SH

Tel: 020 7263 9080 Email: islingtoncarers@btconnect.com

Fax: 020 7263 0907 Website: www.carers.org/islington

Holiday Care

Holiday and travel information and support for disabled people. Booking service.

7th Floor, Sunley House

4 Bedford Park, Croydon, CR0 2AP

Tel: 0945 124 9971 Email: info@tourismforall.org.uk

Website: www.holidaycare.org.uk

Vitalise

Holidays for disabled people and their carers. Full nursing cover provided.

12 City Forum, 250 City Road, EC1V 8AF

Tel: 0845 345 1972 Email: info@vitalise.org.uk

Break Holidays

Respite care

Davidson House, 1 Montague Road, Sheringham, Norfolk NR26 8WN

Tel: 01263 82261 Fax: 01263 822 181

Email office@break-charity.org Website: www.break-charity.org

The Respite Association

Help with funding respite

Leadenhall Manor, Leadenhall Road, Holbeach St Marks, Lincs PE12 8HA

Tel: 01406 701 079 Email: charityfund@aol.com