

# Carers of people with learning disabilities



## **Centre 404**

*Offers services, advocacy, information and support to parents of children with additional needs (0-16 years) Tel: 020 7697 1325; to family carers of young people with disabilities in transition into Adult Services (14-25 years) Tel: 020 7697 1336; and to family carers of Adults with Learning Disabilities (18 years +) Tel: 020 7697 1336*

404 Camden Road, N7 0SJ

Email: [family@centre404.org.uk](mailto:family@centre404.org.uk) Website: [www.centre404.org.uk](http://www.centre404.org.uk)

## **Mencap Learning Disability Helpline**

*Information and advice for people with learning disabilities, parents and carers.*

123 Golden Lane, EC1Y 0RT

Tel: 020 7454 0454 Email: [information@mencap.org.uk](mailto:information@mencap.org.uk)

## **Elfrida Society**

*Supports people with learning difficulties in gaining living skills, confidence and computer skills. One to one support, parent/carers groups.*

34 Islington Park Street, N1 1PX

Tel: 020 7359 7443 Email: [elfrida@elfrida.com](mailto:elfrida@elfrida.com) Website: [www.elfrida.com](http://www.elfrida.com)

## **Disability Action in Islington**

*Campaigns for the rights of disabled people. Advises on benefits, housing and leisure.*

90-92 Upper Street, N1 0NP

Information/Advice Line: Tel/Text: 020 7226 0137

Office Tel: 020 7354 8925 Email: [info@daii.org](mailto:info@daii.org)

## **Respond**

*Provides a range of services (including counselling and psychotherapy) to both victims and perpetrators of sexual abuse who have learning disabilities and those who have been affected by other trauma.*

3<sup>rd</sup> Floor, 24-32 Stephenson Way, NW1 2HD

Helpline: 0808 808 0700 (1.30-5pm Mon-Fri)

Email: [admin@respond.org.uk](mailto:admin@respond.org.uk)

## **Downs Syndrome Association**

*Local support groups and information*

6 Cranbourne Road, Muswell Hill, N10 2BT

Tel: 0845 230 0372 Email: [info@downs-syndrome-london.org.uk](mailto:info@downs-syndrome-london.org.uk)

Support group meets at Palace for All, Scolefield Road, N19 3ES

## **The National Autistic Society**

393 City Road, EC1V 1NG

Tel: 020 7833 2299 Email: [nas@nas.org.uk](mailto:nas@nas.org.uk)

Website: [www.nas.org.uk](http://www.nas.org.uk)

## **Disabled Living Foundation**

*Advice on all types of disability products and disabled equipment for older and disabled people, their carers and families.*

380-384 Harrow Road, W9 2HU

Helpline: 0845 130 9177 Text phone: 0207 432 8009

Email: [advice@dlf.org.uk](mailto:advice@dlf.org.uk)