

Carers of Older People



Social Services Community Care: Information & Access Service

Tel: 020 7527 2299 Email: information.accessteam@islington.gov.uk

Alzheimer's Society – Islington Branch

Information and advice, support groups, events.

Carnegie St Centre, 1 Carnegie Street, N1 9QW

Tel: 020 7837 8723, Email: alzheimers-isl@freeuk.com

Heart & Stroke Project

Information and advice, support groups and activities, community transport

The Manor Gardens Centre, 6-9 Manor Gardens, N7 6LA

Tel: 020 72772 4231 Textphone: 07806 743 275 Fax: 020 7263 0596

Email: admin@manorgardenscentre.org

Website: www.manorgardenscentre.org

South Islington Stroke Club

Word games, speech practice, outings, lunches, exercise, massage, poetry. Limited transport. Carers welcome.

Saint Mary's Neighbourhood Centre, Upper St, N1 2TX

Tel: 020 72262420 (Betty Taylor)

Stroke Association – Camden and Islington

For stroke sufferers with speech or other communication problems.

Weekly support group and home visiting service.

Tel: 020 8442 4399. website: www.stroke.org.uk

Islington Pensioners Forum

For Islington's over-55s. Reminiscence, outings, social mornings, shopping trips, transport, newsletters.

1a Providence Court, Providence Place, N1 0RN

Tel: 020 72267687, email: ipf@talktalkbusiness.net

Link Line Alarms

24-hour alarm systems sends messages to friends, relatives or the response centre in an emergency.

Tel: 020 7527 5456, Fax: 020 7527 5454

Help the Aged

Home security service: free door chains, smoke detectors and other security devices for older people.

Tel: 01255 473 999, Fax: 01255 421 656

Email: handyvan@helptheaged.org.uk

Islington Age Concern

Advice and support to people aged 55+

6-9 Manor Gardens, N7 6LA

Tel: 020 7281 6018 Email: advice@acislington.org.uk

Community Advice and Support Scheme (CASS)

Practical assistance for the disabled, elderly and those with long-term illness. Free help with shopping, gardening, decorating, odd jobs etc.

Andover Community Centre, Andover Estate, N7 7RY

Tel: 020 7686 0049

Maya Centre Older Women's Project

Free counselling service for older women and carers who are disadvantaged in terms of income and education

Unit 11, City North Trading Estate, Fonthill Road, N4 3HN

Tel: 020 7281 2728 Fax: 020 7561 9376

Email: info:mayacentre.org.uk Website: www.mayacentre.org.uk